



Kit 1: Let's Celebrate Cultures

Social emotional learning helps to elevate student voices, celebrate differences, and provide "mirrors and windows".

Contents:

1. Cultures Around the World Instant Learning Center

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- 2. Children of the World Floor Puzzle
- 3. Mexican Guiro
- 4. Asian Frog Rasp
- 5. Peruvian Gourd Maracas
- 6. Ghanaian Woven Rattles
- 7. Japanese Den Den

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For Game Instructions And Other Learning Resources.







кit 2: Let's Learn about SEL

Social emotional learning (SEL) is a methodology that helps students of all ages to better comprehend their emotions, to feel those emotions fully, and demonstrate empathy for others. These learned behaviors are then used to help students make positive, responsible decisions; create frameworks to achieve their goals, and build positive relationships with others.

Contents:

- **1. Social Emotional Paperback Library**
- 2. Social Emotional Match-Ups: Making Good Choices
- 3. Social Emotional Match-Ups: Building Relationships
- 4. Social Emotional Match-Ups: Understanding Myself

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- 5. Social Emotional Quickies (Grades K-1)
- 6. Social Emotional Quickies (Grades 2-3)

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кit 3: Let's Play

In social and guided play, students learn self-regulation and social skills as well as how to deal with feelings of frustration and anticipation. Play also teaches children how to make responsible decisions, and how to decide to lead and when to follow.

Contents:

- 1. Memory Game
- 2. Dominoes
- 3. Grab and Write Social-Emotional Prompts

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- 4. Character Kids
- 5. Character Kids Save the Day! Book
- 6. Character Capes
- 7. The Allowance Game

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8. Tic-Tac-Toe Wooden Game



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Kit 4: Let's Build

There are various ways to teach social skills by playing with blocks and robots. Playing with toys can teach students about taking turns, making good choices, and developing problem-solving skills. Play can also lead to increased sharing, expressing feelings, and working well with others.

Contents:

- **1. Building Brick Stem Challenge**
- 2. See-Inside Magnetic Blocks
- 3. Magna-Tiles

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- 4. PlayStix
- 5. Bee-Bot Programmable Robot

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Kit 5: Let's Move

Physical activities are ideal to enhance students' social emotional skills. Through these types of play, students can learn how to integrate skills and behaviors to deal with daily tasks and challenges.

Contents:

- 1. Activity Bean Bags (2)
- 2. Soft and Safe Comet Balls
- 3. Let's Get Moving Numbers and Counting Kit
- 4. Wrist Ribbons
- 5. Colors and Shapes Activity Mats



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OR VISIT US ONLINE AT: movetolearnms.org

To Find More Physical Educational Activities

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Kit 6: Let's Read and Write

Books are filled with emotions and we, as readers, feel for the characters and their experiences. Reading and writing are great ways to offer a gateway to learning about social emotional skills.

Contents:

- 1. Hear Myself Phone
- 2. Let's Get Writing! Creative Thinking Flip Book

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- 3. Let's Get Writing! Silly Starters Flip Book
- 4. Jumbo Double-sided Magnetic Write and Wipe Board (2)
- 5. Magnetic Write and Wipe Markers with Eraser Caps
- 6. Write and Wipe Thin-Line Markers
- 7. Building Empathy Library
- 8. It's a Multicultural World Library
- 9. Social Emotional Library

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кit 7: Let's Talk and Tell

Social and emotional skills are essential for connecting with others. By talking about our feelings, we can manage our emotions, build healthy relationships, and feel empathy for others.

Contents:

- **1.** Strictly No Elephants storytelling kit, hardcover book, Hear Myself Sound Phone, and book bag
- 2. *Theo's Mood* storytelling kit, hardcover book, Hear Myself Sound Phone, and book bag
- **3.** *Fill a Bucket* **storytelling kit, hardcover book, Hear Myself Sound Phone, and book bag**

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- 4. Magnetic Story Board
- 5. Storyteller Writing Box

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